Amy Fields has a bachelor's degree in criminal justice, human relations and psychology from St. Cloud State University in Minnesota and a master's degree in library and information science and a certificate in narrative non-fiction writing from the University of Washington.

She has been with the University of Washington Department of Medicine for 25 years and has been the Director of Communications since 2012. She oversees internal communications, web services, and social media for the department.

Amy leads a team of five (communications specialist, web manager, and 2 web developers). They produce news items, spotlights and features about department faculty, staff, students and trainees and a weekly newsletter that reaches nearly 4500. They manage over 40 websites (with more in progress), including the department's main public site and intranet, division and center sites, and school of medicine department sites.

Amy has presented "Centralizing web services in an academic medical center" at an Alliance for Academic Internal Medicine (AAIM) National Conference and was nominated for a University of Washington Professional Staff Organization (PSO) Bob Roseth Outstanding Staff Award.