

Sara Mohamed is a seasoned healthcare leader with over 25 years of experience in academic medicine, operations, and health system administration. She currently serves as the Vice Chair of Finance & Administration for the Department of Otolaryngology – Head and Neck Surgery at the University of Washington, where she oversees finance, research administration, operations, and strategic planning across clinical, research, and educational programs.

In addition to her administrative role, Sara is a coach focusing on certified leadership and mental fitness. She is passionate about supporting others in building resilience, cultivating self-awareness, and developing authentic leadership skills. As a coach and mentor, Sara focuses on creating space for reflection, growth, and confidence-building—particularly during times of transition or challenge.

Fluent in English, Arabic, and Tigrinya, Sara brings a global and inclusive perspective to mentorship. She values open communication, trust, and helping others align their personal strengths with their professional goals.

Outside of work, Sara enjoys traveling, cooking, and walking—activities that help her stay grounded and recharge.