

Sharon Garrett, M.A., M.P.H.
2522 NE 91st St.
Seattle, WA 98115
(206) 985-2949

Professional Experience

The Alcohol and Drug Abuse Institute, University of Washington **Seattle, WA**

Research Scientist/Project Director

Sept. 2022-Present

High-THC Policy Recommendations

- Collaborated on multi-method analyses of stakeholder views on policy options to curb the negative effects of high-THC cannabis, including stakeholder interviews and concept mapping.
- Contributed to relationship building with policy makers and advisory board members by presenting progress updates and facilitating discussion of processes and results.
- Contributed to writing a final report for WA state legislators which includes final policy recommendations.

Project Director/Research Coordinator

May 1997-Sept 2022

“Budtender” as Public Health Messengers

- Coordinated focus groups with retail workers in WA State’s cannabis industry
- Collaborated to develop a coding scheme, and co-coded focus group transcript
- Conducted analyses to describe how retail worker communicate with customers on specific public health topics, and better understand how they perceive their role.

Content Analysis of Cannabis Advertising in WA State

- Co-created a coding scheme based on alcohol advertising to identify themes found in cannabis advertising.
- Coded print media cannabis advertising found in WA State
- Contributed to manuscript writing

Helpline Needs Assessment and online training

- Worked with a team to develop a “secret shopper” protocol to evaluate the knowledge of helpline staff of marijuana products and routes of administration.
- Utilized the results of the evaluation to coordinate with helpline staff in WA State in the development of an online training designed to improve knowledge of staff and responses to caller inquiries about marijuana use.

Medicinal Cannabis and Chronic Pain Project – Developed of an online CME training for healthcare providers in WA State

- Coordinated the production of an online training to educate healthcare providers about the risks and benefits of recommending cannabis in the treatment of chronic pain
- Managed the work of project staff, volunteers, and contractors, including videographers, web development specialist, content experts, and reviewers.
- Assumed responsibility for the project timeline and budget.

Clinical Trials Network – Oversees the implementation of protocols in NIDA’s Clinical Trials Network.

- Managed the national protocol for a multi-site intervention studying the effectiveness of a 12-Step Facilitation Therapy (STAGE-12) in increasing engagement in 12-Step recovery and days of abstinence among cocaine and stimulant abusers.
- Served as the local Project Director on five multi-site studies evaluating the effectiveness of different treatments for opioid use disorder, cocaine use disorder, and polysubstance use.

- Responsible for all study oversight, including: standardizing procedures across several sites, supervising research staff, submitting IRB applications and correspondence, maintaining regulatory documents, tracking and management of study participants, and coordinating between clinical and research staff.

Project STARRS – Tested the effectiveness of a brief motivational enhancement intervention among homeless youth.

- Responsible for overseeing all aspects of the study including managing data collection and analyzing data, supervising interviewers and student assistants, maintaining relationships with collaborating agencies, and interviewing youth.
- Contributed to project start-up through piloting interviews, acting as liaison to the data management team, producing feedback booklets, and preparing materials for interviews.
- Collaborated with co-authors in data analysis using SPSS, Atlas.ti, and MPlus and manuscript preparation

Enhancing Recall Study – A two-part study that sought to improve partner notification interviews through reducing the level of forgetting during the partner recall process.

- Conducted interviews with participants (injection drug users and people with a relatively high number of sex partners), statistically analyzed data using SPSS and Anthropac, performed on-line and library literature searches, and co-authored related papers.

North Seattle Community College Women's Center
Seattle, WA

Jan. 1997-March 1999

Coordinator and Interim Director

- Planned and scheduled quarterly workshops, lectures, and special events that enhance students' educational opportunities.
- Facilitated a two-credit course on personal power based on the current quarter's lecture series, as well as a three-credit course designed to aid women returning to school after an absence.
- Performed as a resource specialist and/or case manager for students and community members with questions and concerns.
- Trained work-study students in their capacities as resource specialists and in creating a comfortable environment within the campus setting.

Seattle/King County Health Department, RAVEN Study
Seattle, WA

Aug. 1996-May 1997

Communicable Disease Investigator

- Assisted epidemiologists in connecting behaviors with the spread of certain diseases (HIV, Hepatitis, HTLV, and Herpes)
- Administered both structured and semi-structures interviews with injection drug users.
- Responsible for phlebotomy and explaining test results.
- Collected and organized (using Ethnograph) all data in a small evaluation of the King County Methadone Voucher Program.

Education

Master of Public Health

2003

School of Public Health: Social and Behavioral Science Track

Health Services, University of Washington

Thesis: Help-seeking for substance use problems among homeless adolescents in Seattle, WA

MA in Whole Systems Design

1996

Antioch University, Seattle

Focus in Education and Community

BS in Psychology

1993

University of Washington

Focus in Cognitive Psychology

Community Work

Northwest Coalition for AIDS Treatment in Africa

Oct. 2001-July 2005

Organizer

- Worked with the strategy group to educate the public about the need for AIDS Treatment in developing countries
- Lobbied congress to increase funding of AIDS treatment programs, specifically increased funding to the Global Fund to Fight AIDS, Tuberculosis, and Malaria.

Home Alive

Sept. 1998-Dec. 2005

Self Defense Instructor and Volunteer

- Planned and taught self defense and boundary setting classes at Home Alive and in the community at schools, shelters, transitional housing, and drop-in centers in Western Washington.
- Prepared a manual that documents Home Alive's history, development, and philosophy.
- Collaborated with other instructors to design and implement an eight-week new instructor training.
- Worked in the community to reduce violence and educate on the options available to us as we respond to violence.

Highline Community College

Oct. 1995-Dec. 1996

ESL Teacher Aid

- Created dynamic lessons for beginning English speakers.
- Coordinated the creation of a yearbook that allowed students to tell their own histories using English.

Seattle/King County Department of Public Health

June 1995-May 1997

Needle Exchange Volunteer

- Monitored the exchange process and recorded statistics of each transaction
- Provided education, information, and referrals to clients and other patrons of the exchange.

Honors and Awards

Dean's List, University of Washington, Seattle
NIDA Child and Adolescent Workgroup Mentee

1990-1993
2002

Publications

- Addictions, Drug, and Alcohol Institute (ADAI) & Health Care Authority. Report to WA State Legislature. High THC policy | Final report: Exploring policy solutions to address public health challenges of high THC products. Engrossed Substitute Senate Bill 5092; Section 215(55); Chapter 334; Laws of 2021. December 31, 2022. https://app.leg.wa.gov/ReportsToTheLegislature/Home/GetPDF?fileName=High%20THC%20Policy%20Final%20Report_43a70c3c-b1c9-46a9-96fb-6f68e26a4bba.pdf
- Carlini, BH, **Garrett SB**, Nims, LN. The kids are not all right: E-cigarettes, cannabis co-use, and an emerging public health crisis – A commentary on Roberts et al. (2022). *J Stud Alcohol Drugs*, 2022. doi: 10.15288/jsad.22-00167
- Carlini, BH, **Garrett, SB**, Firth, C, Pinsky, I. Cannabis industry marketing violations in Washington State, 2014-2019. *J Stud Alcohol Drugs*, 2022;83(1);18-26. <https://doi.org/10.15288/jsad.2022.83.18>
- Harwick, RM, Carlini, BH, **Garrett, SB**. A taxonomy of consumers' perspectives on the function of cannabis in their lives: A qualitative study in WA State, USA. *J of Psych Drugs*, 2020. <https://doi.org/10.1080/02791072.2020.1763522>
- Carlini, BH, Harwick, RM, **Garrett, SB**. Anytime is the right time: A content analysis of marijuana ads in freely distributed print media in Washington State, USA. *Substance Use and Misuse*, 2019. <https://doi.org/10.1080/10826084.2019.1703749>
- Garrett SB**, Doyle SR, Peavy KM, Wells EA, Owens, MD, Shores-Wilson K, DiCenzo J, & Donovan DD. Age differences in outcomes among patients in the “Stimulant Abuser Groups to Engage in 12-Step” (STAGE-12) intervention. *J Subst Abuse Treat*, 2018. 84:21-29
- Carlini, BH & **Garrett SB**. Drug helplines and adult marijuana users: an assessment in Washington, Colorado, Oregon, and Alaska. *Substance Abuse*, 2017 DOI: 10.1080/08897077.2017.1355872
- Carlini BH, **Garrett SB**, Harwick RM. Beyond joints and brownies: Marijuana concentrates in the legal landscape of WA State, USA. *Int J Drug Policy* 2017. <http://dx.doi.org/10.1016/j.drugpo.2017.01.004>
- Carlini BH, **Garrett S**, Carter GT. Medicinal Cannabis: A survey among health care providers in Washington State. *Am J Hosp Palliat Med* 2017 34(1):85-91 PMID: 26377551
- Peavy KM, **Garrett SB**, Doyle S, & Donovan D. A comparison of African American and Caucasian stimulant users in 12-step facilitation treatment, 2017, *Journal of Ethnicity in Substance Abuse*, 16:3, 380-399, DOI: 10.1080/15332640.2016.1185657
- Hatch-Maillette MA, Wells EA, Doyle SR, Brigham GS, Daley D, DiCenzo J, Donovan DM, **Garrett SB**, Horigian VE, Jenkins L, Killeen T, Owens M, Perl HI. Predictors of 12-step attendance and participation for individuals with stimulant use disorders. *J Subst Abuse Treat* 2016;68:74-82 doi: 10.1016/j.jsat.2016.06.007
- Hartzler, B., & **Garrett, S**. Interest and preferences for contingency management design among addiction treatment clientele. *Am J Drug Alcohol Abuse*. 2016, 42(3):287-295.PMID: [26646619](https://pubmed.ncbi.nlm.nih.gov/26646619/)
- Carter G.T., Javaher S.P., Nguyen M.V. **Garrett S.B.**, Carlini B.H., Re-branding Cannabis: The Next Generation of Chronic Pain Medicine. *Pain Management*. 2015, 5(1):13-21.
- Wells, E.A., Donovan, D.M., Daley, D.C., Doyle, S., Brigham, G., **Garrett, S.B.**, Hansten-Ingalsbe, M., Hatch-Maillette, M.A., Perl, H.I., & Walker, R. Is level of exposure to a 12-Step facilitation therapy associated with treatment outcome? *Journal of Substance Abuse Treatment*. 2014. [PMCID: NIHMS605915].
- Peavy, K.M., Guydish, J., Manuel, J.K., Campbell, B.K., Lisha, N., Le, T., Delucchi, K., **Garrett, S.B.** Treatment adherence and competency ratings among therapists, supervisors, study-related raters and external raters in a clinical trial of 12-step facilitation for stimulant users. *Journal of Substance Abuse Treatment*. 2014.

- Donovan, D.M., Daley, D.C., Brigham, G.S., Hodgkins, C.C., Perl, H.I., **Garrett, S.B.**, Doyle, S.R., Floyd, A.S., Knox, P.C., Botero, C., Kelly, T.M., Killeen, T.K., Hayes, C., Baumhofer, N.K., Seamans, C., & Zammarelli, L. Stimulant abuser groups to engage in 12-step (STAGE-12): A multisite trial in the NIDA Clinical Trials Network. *Journal of Substance Abuse Treatment*. 2013, 44: 103-114.
- Baer, J.S., Beadnell, B., **Garrett, S.B.**, Hartzler, B., Wells, E.A., Peterson, P.L. Adolescent change language within a brief motivational intervention and substance use outcomes. *Psychology of Addictive Behaviors*. 2008, 22: 570-575.
- Garrett, S.B.**, Higa, D.H., Phares, M.M., Peterson, P.L., Wells, E.A., Baer, J.S. Homeless youths' perceptions of services and transitions to stable housing. *Evaluation and Program Planning*. 2008, 31: 436-444.
- Baer, J.S., **Garrett, S.B.**, Beadnell, B., Wells, E.A., Peterson, P.L. Brief motivational intervention with homeless adolescents: Evaluating effects on substance use and service utilization. *Psychology of Addictive Behaviors*. 2007, 21(4): 582-586.
- Ginzler, J.A., **Garrett, S.B.**, Baer, J.S., & Peterson, P.L. Measurement of negative consequences of substance use in street youth: An expanded use of the Rutgers Alcohol Problem Index. *Addictive Behaviors*. 2007, 32(7): 1519-1525.
- Peterson, P.L., Baer, J.S., Wells, E.A., Ginzler, J.A., **Garrett, S.B.** Short-term effects of a brief motivational intervention to reduce alcohol and drug risk among homeless adolescents. *Psychology of Addictive Behaviors*. 2006, 20(3): 254-264.
- Brewer, D.D., **Garrett, S.B.**, Rinaldi, G. Patterns in the recall of sexual and drug injection partners. *Social Networks and Health*. 2002, 8:131-149.
- Brewer, D.D., **Garrett, S.B.**, Rinaldi, G. Free listed items are effective cues for eliciting additional items in semantic domains. *Applied Cognitive Psychology*, 2002; 16:343-358.
- Brewer, D.D., **Garrett, S.B.** Evaluation of interviewing techniques to enhance recall of sexual and drug injection partners. *Sexually Transmitted Diseases*. 2001; 28(11):666-677.
- Brewer, D.D., Potterat, J.J., **Garrett, S.B.**, Muth, S.Q., Roberts, J.M., Kasprzyk, D., Montano, D.E., Darrow, W.W. Prostitution and the sex discrepancy in reported number of sexual partners. *Proceedings of the National Academy of Sciences of the United States of America*. 2000; 97(22): 12385-12388.
- Brewer, D.D., **Garrett, S.B.**, Kulasingham, S. Forgetting as a cause of incomplete reporting of sexual and injection partners. *Sexually Transmitted Diseases*. 1999; 26(3):166-176.

Presentations

- Garrett, S.B.**, Carlini, B.h., Nims, L., Wilhelm, L. Consumer assessment of receptivity to point-of-sale education and safe storage intervention. Presented at the Society for Prevention Research 30th Annual Meeting, Seattle, WA, June 2022.
- Peavy, K.M., **Garrett, S.B.**, Doyle, S.R., Donovan, D.M. Racial differences of stimulant abusers' prior experiences, expectations, and readiness to engage in 12-step programs. Presented at the College on Problems of Drug Dependence Conference, Palm Springs, CA, June 2012.
- Peterson, P.L., Baer, J.S., Ginzler, J.A., **Garrett, S.B.** Social network characteristics and concurrent drug and alcohol risk among homeless youth. Presented at the International Sunbelt Social Network Conference XXII, New Orleans, LA, February 2002.
- Garrett, S.B.**, Storm, C. The implications of current legal and agency responses to domestic violence: Who is being served? Paper presented at the 2nd annual Boundaries in Question Conference, Berkeley, CA, March 2000.

- Brewer, D.D., **Garrett, S.B.** No difference between 1- and 2-year recall periods in knowledge of locating information for sexual and drug injection partners. Paper presented at the 13th biannual meeting of the international Society for Sexually transmitted Diseases Research, Denver, CO, July 1999.
- Brewer, D.D., Potterat, J.J., **Garrett, S.B.**, Muth S.Q., Roberts, J.M. Jr., Rothenberg, R.B. Comparison of direct estimate and partner elicitation methods for measuring the number of sexual and injection partners. Paper presented at the 126th Annual Meeting of the American Public Health Association, Washington DC, November 1998.